Program Goal
Increase understanding of latest directions in care for those with breast cancer from initial treatment decision making based on stage, relevant prognostic factors and National Comprehensive Cancer Network (NCCN) guidelines through support in survivorship; to learn how providers can encourage participation in clinical trials.

Program Participants
Physicians, allied health professionals, nurses, pharmacists, clinical research staff, and others committed to excellence in care of those diagnosed with breast cancer.

Learning Objectives
Participants will be able to:
1. Understand the extent of breast cancer survivorship in our region (THO)
2. Describe basic survivor concerns as identified through our inaugural community forum and what we’re doing in response to make a difference (THO)
3. Describe current methods of evaluating patient candidacy for breast conservation after neoadjuvant chemotherapy (CM)
4. Identify the known outcomes of breast conservation after neoadjuvant chemotherapy (CM)
5. Describe the current recommendations for follow-up of breast cancer (RF)
6. Understand the range of short and longer-term symptoms that occur after breast cancer treatment and how they may differ from patient to patient (RF)
7. Understand the controversies surrounding nodal radiation (JB)
8. Describe ongoing clinical trials designed to study the benefits of nodal radiation (JB)
9. Utilize effective and brief screening questions to identify sexual dysfunction after breast cancer (SB)
10. Describe first-step strategies for addressing sexual side effects of treatment-related sexual dysfunction (SB)
11. Identify benefits of clinical trial participation and how to foster patient participation (SS)
12. Describe Breast Cancer Clinical trials available at Northern Light Cancer Care (SS)
13. Identify clinical trials available through our Dana Farber Collaborative (SS)

Registration
Contact Nadine Bullion at Northern Light Cancer Care at 207.973.7476 or nbullion@northernlight.org.

There is no cost for participation.

Reservations are required by Friday, October 18 to assure space and lunch accommodations.

Directions
To reach the Bangor Hilton Garden Inn 250 Haskell Road, Bangor, ME call 207.262.0099

From Interstate 95, take exit 187.
- From the south, make a right turn off of the exit and a left at the first stop light.
- From the north, make a left turn off of the exit ramp and a left at the second stop light.

Facility & Accommodations
The facility is fully accessible. Please indicate when registering if accommodations for hearing or diet are required.

Northern Light Cancer Research
If you are interested in learning more about cancer related clinical research at Northern Light Cancer Care, please call 207.973.4249 or visit NorthernLightHealth.org/cancer.

Sponsored by
Northern Light Cancer Care
33 Whiting Hill Road
Brewer, ME 04412

Tenth Annual
Woodcock Breast Cancer Symposium
Friday, October 25, 2019
8 am to 3:15 pm
Hilton Garden Inn
250 Haskell Rd in Bangor, ME
Check-in begins at 7:30 am.

Reserve a spot at this Northern Light Cancer Care event by contacting Nadine Bullion at 207.973.7476 or nbullion@northernlight.org.
Presenters

Thomas Openshaw, MD
Medical Oncologist,
Northern Light Cancer Care
Brewer, ME

Christina Ahn Minami, MD, MFA, MS
Surgeon, Brigham and Women’s Hospital; Professor of Surgery
Boston, MA

Rachel Freedman, MD, MPH
Senior Medical Oncologist and Medical Director, DFCl Collaborative, Dana-Farber Cancer Institute, Assistant Professor of Medicine, Harvard Medical School, Boston, MA

Jennifer Bellon, MD
Director, Breast Radiation Oncology, Dana-Farber Cancer Institute, Associate Professor of Radiation Oncology, Harvard Medical School, Boston, MA

Sharon Bober, PhD
Senior Psychologist and Founder-Director, Sexual Health Program, Dana-Farber Cancer Institute; Associate Professor of Psychiatry, Harvard Medical School, Boston, MA

Sarah Sinclair, DO
Medical Oncologist, Medical Director, Northern Light Cancer Research, Brewer, ME

Agenda

7:30 am  Sign-In and Continental Breakfast

8-8:15 am
Welcome and Introduction:
Breast cancer survivorship in our region
Thomas Openshaw, MD

8:15-9:15 am
Breast conservation after neo-adjuvant chemotherapy
Cristina Ahn Minami, MD, MFA, MS

9:15-10:15 am
Making the most out of survivorship for breast cancer
Rachel Freedman, MD, MPH

10:15-10:30 am Break

10:30 – 11:30 am
Radiation of the regional nodes in 2019
Jennifer Bellon, MD

11:30 am-12:30 pm
Case Presentations – Panel Discussion
Review of stage, prognostic indicators, relevant NCCN Guidelines, and best approach to care
Moderated by Sarah Sinclair, DO

12:30-1:15 pm Lunch

1:15-2:15 pm
Sexual health in breast cancer survivorship
Sharon Bober, PhD

2:15-3:00 pm
Research and breast cancer – what’s available and how you can make a difference
Sarah Sinclair, DO

3:00-3:15 pm Evaluations and Adjourn

Accreditation

Northern Light Eastern Maine Medical Center designates this educational activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Northern Light Eastern Maine Medical Center is accredited by the Maine Medical Association’s Committee on Continuing Medical Education to provide Continuing Medical Education (CME) to practicing physicians.

Northern Light Eastern Maine Medical Center, Education Department, is an approved provider of continuing nursing education by the Northeast Multistate Division (NE-MSD), an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Anticipate approval for 6 Contact Hours will be provided – application has been submitted.

Successful completion of this activity requires sign in to register, attendance at entire activity, and completion and submission of the evaluation.

Funding for this program in part is through an unrestricted educational grant of the Woodcock Foundation. Commercial support has NOT been received for this event.

This event is sponsored by Northern Light Cancer Care and the Education Department Provider Unit. They are responsible for planning, content, evaluation, and execution of this educational activity.

The planning committee expresses deep gratitude for each of the participating presenters and panelists from Northern Light Health, Northern Light Radiation Oncology, Dahl Chase Pathology, Spectrum Radiology, Dana-Farber Cancer Institute, and Brigham and Women’s Hospital.